



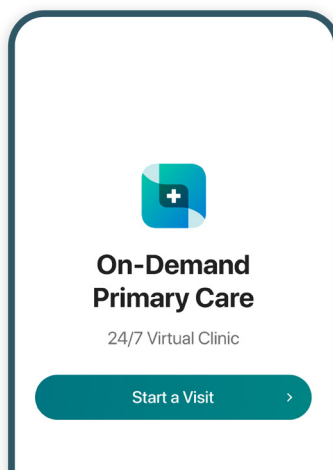
Cold or flu? Your symptoms might not be able to tell you.

From sneezing to aches and fever, cold weather sniffles can be tough to diagnose yourself.

But the earlier you determine if you have a common cold, the flu or COVID-19, the faster you can feel better.

Start a 98point6 visit anytime, anywhere to:

- Get a diagnosis and treatment plan
- Get prescriptions sent directly to your local pharmacy, ordering of labs or recommended self-care
- Ask general health questions



Fight off winter illnesses in 1-2-3.

1 Get your flu shot.

The sooner the better—ideally September/October—but it's never too late to protect yourself from the flu.

2 Stay home.

When you're feeling unwell, stay away from others to limit the spread and avoid exposing yourself to more germs.

3 Act Fast.

Don't worry or wonder about your symptoms. Start a 98point6 visit to chat with a provider and get a diagnosis and treatment recommendations within minutes.

Get care and answers when you need them without leaving your couch.

Start a [text-based visit 24/7](#) with a 98point6 care team that includes board-certified doctors for care plans, prescriptions and peace of mind.

Download the 98point6 app from the App Store or Google Play and get started in 90 seconds or less.



*The \$5 visit fee some members may have previously had is currently waived through December 31, 2022, in response to provisions of the Consolidated Appropriations Act, 2022.